

LAT PULL DOWN - SINGLE PULLEY

JXB- 201A - RBK - BL

The Lat Pull Single Pulley by X-Plus Series is designed for effective back workouts.

It features an adjustable thigh pad for added stability during use. The X-Plus Series Lat Pull Single Pulley provides a maximum weight of up to 220 lbs.



FEATURES

- ◆ **Single Pulley System:** Provides smooth, controlled motion.
- ◆ **Adjustable Knee Pad:** Ensures a secure fit for all users.
- ◆ **Ergonomic Handles:** Multiple grip options for targeted muscle work.
- ◆ **Durable Construction:** High-quality, long-lasting build.
- ◆ **Compact Design:** Space-efficient for smaller gyms.

SPECIFICATIONS

DIMENSIONS:

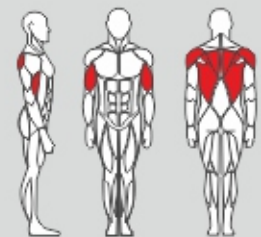
Length: 62 inches / 157 cms

Width: 40 inches / 102 cms

Height: 92 inches / 234 cms

Weight: 485 lbs / 220 kg

Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

COLOUR AVAILABLE: Dark Silver